

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of April 20th

All deliveries are made to order

SALADS

Greek & Grilled Salad \$16

Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Blackened Chicken Fandango Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Crumbled Blue Cheese, Mandarin Oranges, Grape Tomatoes, Cucumbers & Balsamic Dressing

Southwestern Chicken Salad \$15

Spring Mix, Grilled Chicken, Avocado, Grape Tomatoes, Cucumbers, Cheddar Cheese, Tortilla Strips & Lime Cilantro Vinaigrette

Barley with Mushroom Salad .5 lbs \$5

Tortellini Pasta Salad .5 lbs \$6

SOUPS



Chicken Noodle

Red Bean & Beef Chili

Beef Barley

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Asian Chicken Quinoa Bowl \$13

Seasoned Quinoa, Grilled Chicken, Romaine Lettuce, Mandarin Oranges, Almonds, Chow Mein Noodles, Scallions, Oriental Dressing

APPS, SNACKS & DESSERTS

Spinach Dip & Marble Rye Bread Box \$8

Shrimp Cocktail \$8.99

Homemade Crumb Cake \$5

Homemade Chocolate Chip Caramel Bar \$3

Fresh Fruit (16 oz) \$6

PANINIS

Pastrami Sloppy Joe Panini \$13

Sliced Pastrami with Homemade Cole Slaw, Russian Dressing, Melted Swiss Cheese on Grilled Flatbread

Napolitano Panini \$13

Sliced Breaded Eggplant, Roasted Red Peppers, Baby Arugula, Homemade Fresh Mozzarella, Balsamic Glaze on Grilled Flatbread

Italiano Panini \$13

Thinly Sliced Grilled Chicken, Pesto Sauce, Roasted Red Peppers & Melted Fresh Mozzarella on Grilled Flatbread

SANDWICHES & WRAPS



Hot Peter Luger Cheesesteak \$14.50

Grilled Cheese Steak, Sauteed Onions & Mushrooms, Melted Mozzarella Cheese & Peter Luger Steak Sauce on a Hero

Hot Buffalo Chicken Cheesesteak \$14.50

Thinly Sliced Chicken Steak, Sauteed Onions & Peppers, Melted American Cheese, Homemade Buffalo Sauce Served on a Hero

The Saudino \$15

Thinly Sliced Prosciutto, Sweet Soppressata, Roasted Red Peppers, Fresh Mozzarella Cheese & Balsamic Vinegar on a Semolina Hero

Shortrounds Grilled Chicken \$11

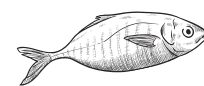
Grilled Chicken, Fresh Greens, Spinach Dip Spread Served on Fresh Sliced Marble Rye Bread

Triple Decker Turkey Club \$14

Sliced Turkey Breast, Crisp Bacon, Lettuce, Tomato, Mayo, Layered on Toasted White Bread

Green Monster Wrap \$11.50

Blackened Chicken Breast, Fresh Avocado, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing Rolled in a Spinach Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party