

Weekly Specials

Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of February 16th

All deliveries are made to order

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



S A L A D S

Fantastic Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Fresh Apples, Cucumbers, Cranraisins, Mandarin Oranges, Candied Walnuts, Croutons & Balsamic Dressing

Santa Fe Chicken Salad \$16

Spring Mix, Grilled Chicken, Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Vinaigrette

Buffalo Chicken Salad \$14

Romaine Lettuce, Breaded Buffalo Chicken Cutlet, Grape Tomatoes, Cucumber, Crumbled Blue Cheese, Celery Sticks, Carrot Sticks & Blue Cheese Dressing

Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

Quinoa Barley .5 lbs \$6

S O U P S



Chicken Noodle

Beef Barley

Vegetarian Lentil

B O W L S

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sautéed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Greek Bowl \$13

Homemade Greek Salad Topped with Seasoned Grilled Chicken Breast, Feta Cheese, Grape Leaves, Toasted Pita, Crisp Romaine Lettuce & Oregano Vinaigrette

Kelly's Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Cucumber, Roasted Sweet Potato & Lemon Basil Aioli

A P P S , S N A C K S & D E S S E R T S

Spinach Dip & Marble Rye Bread \$8

Chicken & Cheese Quesadilla \$7.99

Homemade Rice Pudding \$3.50

Homemade Banana Bread Brownie \$4

Fresh Fruit (16 oz) \$6

P A N I N I S

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

Napolitano Panini \$13

Sliced Breaded Eggplant, Roasted Red Peppers, Baby Arugula, Homemade Fresh Mozzarella, Balsamic Glaze on Grilled Flatbread

Kuiken Brothers Panini \$13

Thinly Sliced Chicken Cutlet, Sautéed Broccoli Rabe, Pepper Jack Cheese, Chipotle Mayo on Grilled Flatbread



S A N D W I C H E S & W R A P S

The Cavo \$14.50

Fried Chicken Cutlets, Cheddar Cheese, Bacon, Buffalo Sauce, Caesar Dressing on a Hero

The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

Johnny B \$14

Thinly Sliced Turkey with American Cheese, Bacon, Lettuce, Tomato & Mayo Served on a Hero

Chicken Salad B.L.T. \$11.50

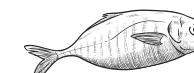
Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Classic Ham & Swiss \$10

Thinly Sliced Ham, Swiss Cheese, Lettuce, Tomatoes & Mayo on a Kaiser Roll

Green Monster Wrap \$11.50

Blackened Chicken Breast, Fresh Avocado, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing Rolled in a Spinach Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party