

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of April 6th

All deliveries are made to order

SALADS

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Eggplant Bruschetta Salad \$14

Baby Arugula, Crisp Breaded Eggplant, Seasoned Tomatoes, Diced Fresh Mozzarella & Balsamic Vinaigrette

Fantastic Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Fresh Apples, Cucumbers, Cranraisins, Mandarin Oranges, Candied Walnuts, Croutons & Balsamic Dressing

Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

Three Bean Salad .4 lbs \$5

SOUPS



Chicken Noodle

Cream of Mushroom

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Shortrounds Quinoa Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Raspberry Vinaigrette

Buffalo Chicken Quinoa Bowl \$13

Seasoned Quinoa, Diced Grilled Chicken in Buffalo Sauce, Sliced Avocado, Grape Tomatoes, Celery, Carrot Sticks, Crumbled Blue Cheese & a Lime Wedge

APPS, SNACKS & DESSERTS

Tomato Bruschetta & Crostinis \$8.99

Spinach Dip & Marble Rye Bread Box \$8

Homemade Banana Bread \$3.25

Dubai Chocolate Cup \$4.99

Fresh Fruit (16 oz) \$6

PANINIS

Kuiken Brothers Panini \$13

Thinly Sliced Chicken Cutlet, Sauteed Broccoli Rabe, Pepper Jack Cheese, Chipotle Mayo on Grilled Flatbread

BBQ Chicken Panini \$13

Thinly Sliced Chicken Cutlets, Crisp Bacon, Tomato, BBQ Sauce, Melted Cheddar Cheese on Grilled Flatbread

Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

SANDWICHES & WRAPS



Hot Chicken Parm Hero \$14.50

Crisp Breaded Chicken Cutlets & Melted Mozzarella Cheese in Our Signature Marinara Sauce Served on a Hero

Hot Philly Cheesesteak \$14

Chopped Grilled Beef with Sauteed Peppers, Onions & Melted American Cheese Served on a Hero

Roast Beef Sloppy Joe on Focaccia \$12

Roast Beef, Cole Slaw, Russian Dressing, Cheese on Focaccia Bread

The Saudino \$15

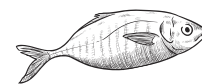
Thinly Sliced Prosciutto, Sweet Soppressata, Roasted Red Peppers, Fresh Mozzarella Cheese & Balsamic Vinegar on a Semolina Hero

The Roman \$11

Blackened Chicken, Pepper Jack Cheese & Chipotle Mayo Served on a Kaiser

Blackened Chicken Caesar Wrap \$11

Cast Iron Blackened Chicken, Romaine Lettuce, Shaved Parmesan Cheese & Caesar Dressing Rolled in a Garlic Herb Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party