Weekly Specials

More Salads, Sai

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of June 9th

All deliveries are made to order

SALADS

Chicken Bruschetta Salad \$15

Fresh Baby Arugula, Crisp Breaded Chicken Cutlet, Seasoned Tomatoes, Diced Fresh Mozzarella Cheese & Balsamic Vinaigrette

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Santa Fe Chicken Salad \$16

Spring Mix, Diced Grilled Chicken, Sliced Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Vinaigrette

Mediterranean Quinoa Salad .5 lbs \$6

Tuna Pasta Salad .5 lbs \$7.50

SOUPS

Chicken Noodle

Cream of Mushroom

Tuscan White Bean With Tomato & Rosemary

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$16

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Shortrounds Quinoa Bowl \$16

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Rasberry Vinaigrette

APPS, SNACKS & DESSERTS

Cheese & Cracker Box \$10
Chicken Quesadilla \$7.99
Banana Pudding \$4
Fresh Mango (16 oz) \$6
Fresh Watermelon (16 oz) \$6

PANINIS

New York Roast Beef Panini \$13

Our House Roasted Beef with Roasted Onions, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Californian Panini \$13

Grilled Chicken Breast, Fresh Avocado, Roasted Red Peppers, Balsamic Vinegar & Melted Swiss Cheese on Grilled Flatbread

Turkey Brie Panini \$13

Thinly Sliced Smoked Turkey, Brie Cheese, Honey Mustard Dressing on Grilled Flatbread

SANDWICHES & WRAPS

The French Dip \$15

Sliced House Roast Beef & Melted Provolone Cheese on a Garlic Hero with a Side of Au Jus

Hot Chicken Cheesesteak \$14

Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted American Cheese Served on a Hero

Chicken Salad B.L.T. \$11.50

Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Sloppy Joe Focacia \$12

Our Store Roasted Beef, Sliced Turkey, Homemade Cole Slaw, and Russian Dressing Served on Everything Focaccia

Johnny B \$14

Thin Sliced Turkey with American Cheese, Bacon, Lettuce, Tomato & Mayo Served on a Hero

Balsamic Chicken Wrap \$11

Balsamic Grilled Chicken & Roasted Red Peppers in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com->Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party