

# Weekly Specials

Shortrounds Grab & Go Market Hours  
Monday - Friday 9am-7pm  
Saturday 9am-5pm  
Sunday 10am-3pm  
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of March 23rd

All deliveries are made to order

## SALADS

### Chicken Bruschetta Salad \$15

Fresh Baby Arugula, Crisp Breaded Chicken Cutlet, Seasoned Tomatoes, Diced Fresh Mozzarella Cheese & Balsamic Vinaigrette

### Coconut Chicken Salad \$16

Spring Mix, Coconut Crusted Chicken, Pineapple, Grape Tomatoes, Cucumbers, Carrots & Asian Dressing

### Three Salad Platter \$16

Spring Mix, Scoop of Homemade Tuna Salad, Chicken Salad, & Egg Salad with Grape Tomatoes, Cucumbers, Carrots, Red Peppers & Russian Dressing

### Tortellini Pasta Salad .5 lbs \$6

### Five Bean Salad .5 lbs \$5

## SOUPS



### Chicken Noodle

### Cream of Mushroom

### Split Pea

## BOWLS

### Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

### Greek Bowl \$13

Homemade Greek Salad Topped with Seasoned Grilled Chicken Breast, Feta Cheese, Grape Leaves, Toasted Pita, Crisp Romaine Lettuce & Oregano Vinaigrette

### Asian Chicken Quinoa Bowl \$13

Seasoned Quinoa, Grilled Chicken, Romaine Lettuce, Mandarin Oranges, Almonds, Chow Mein Noodles, Scallions, Oriental Dressing

## APPS, SNACKS & DESSERTS

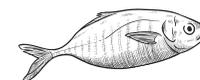
### Tomato Bruschetta & Crostinis \$8.99

### Bavarian Pretzel \$8.99

### Strawberry Cheesecake \$3.99

### Homemade Chocolate Chip Banana Bread \$3.50

### Fresh Fruit (16 oz) \$6



## EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

## PANINIS

### Roast Beast Panini \$13

Thinly Sliced Roast Beef, Red Onion, Bacon, Honey Mustard Dressing, Melted Provolone Cheese on Grilled Flatbread

### Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

### Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread



## SANDWICHES & WRAPS

### The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

### Hot Drunken Meatball Parm \$14.50

Homemade Italian Style Meatballs in our Homemade Vodka Sauce, Melted Mozzarella Cheese on a Hero

### Turkey & Swiss on Fresh Whole Wheat \$10.50

Turkey, Swiss Cheese, Romaine on Fresh Whole Wheat Bread

### Chicken Salad w/Cheddar & Apples \$11.50

Homemade Chicken Salad, Sliced Apples, Cheddar Cheese on Multigrain Bread

### Johnny B \$14

Thinly Sliced Turkey with American Cheese, Bacon, Lettuce, Tomato & Mayo Served on a Hero

### Buffalo Chicken & Bleu Cheese Wrap \$11

Buffalo Chicken Cutlet, Hot Sauce & Blue Cheese Rolled in a Plain Wrap

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: [www.shortroundscatering.com](http://www.shortroundscatering.com) -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party