Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ

EST 1986
SHORTROUNDS
CATERING & MARKET

Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of November 9th

All deliveries are made to order

SALADS



Grilled Chicken Cobb Salad $15
Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Greek & Grilled Salad $16
Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Fall Salad $14 NEW!
Arugula, Roasted Sweet Potatoes, Feta, Cucumbers, Red Onion, Roasted Corn & Balsamic Vinaigrette

SMALL SALADS

Garden Salad $6.49
Caesar Salad $6.49
Arugula Salad With Plain Or Candied Walnuts $6.99/$7.25
Add Grilled Chicken $2
Quinoa Berry Salad .5 lbs $6
Spinach Bowtie Salad .5 lbs $5.50

SOUPS



Chicken Noodle Vegetarian Lentil Matzah Ball

BOWLS

Low Carb Lunch Bowl $14
Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Mexican Bowl $14
Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

Maria's Bowl $14
Sasoned Quinoa with Grilled Chicken and Avocado Salad, Roasted Sweet Potatoes, Sliced Cucumber & Spicy Aioli

APPS, SNACKS & DESSERTS

Shrimp Cocktail $8.99
Fried Ravioli $6.99
Tomato Bruschetta & Crostinis $8.99
Homemade Pistachio Cake $4.50
Fresh Fruit (16 oz) $6

PANINIS

Thanksgiving Panini $13
Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

New York Roast Beef Panini $13
Our House Roasted Beef with Roasted Onions, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Italiano Panini $13
Thinly Sliced Grilled Chicken, Pesto Sauce, Roasted Red Peppers & Melted Fresh Mozzarella on Grilled Flatbread

SANDWICHES & WRAPS



Hot Philly Chicken Cheesesteak $14
Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted Provolone Served on a Hero

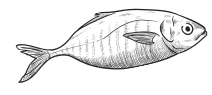
Hot Meatball Parmesan $14
Homemade Italian Style Meatballs in our Homemade Marinara Sauce, Melted Mozzarella Cheese on a Hero

Italian Trio $12
Fresh Mozzarella, Sundried Tomatoes, Arugula & Balsamic Vinegar on a Hero

Chicken Salad B.L.T. $13
Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Vin & Tom Hero $14.50
Breaded Chicken Cutlet, American Cheese, Crisp Bacon, Lettuce, Tomato & Mayo on a Hero Roll

Blackened Chicken Wrap $12
Cast Iron Blackened Chicken, Fresh Avocado, Pepper Jack Cheese, Lettuce, Tomato & Lemon Basil



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Crab Cakes, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com->Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party