

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of July 27th

All deliveries are made to order

SALADS

Cajun Shrimp Salad \$16

Romaine Lettuce, Avocado, Cucumber, Tomato, Red Onion, Roasted Corn & Lime Cilantro Dressing

Grilled Chicken & Strawberry Salad \$15

Grilled Chicken, Romaine Lettuce, Feta Cheese, Strawberries, Toasted Almonds & Raspberry Vinaigrette

Eggplant Bruschetta Salad \$14

Baby Arugula, Crisp Breaded Eggplant, Seasoned Tomatoes, Diced Fresh Mozzarella & Balsamic Vinaigrette

Italian Antipasto .6 lbs \$6

Bowtie Pasta Salad .5 lbs \$5.50

SOUPS



Chicken Noodle

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Quinoa Burrito Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

Asian Chicken Quinoa Bowl \$14

Seasoned Quinoa, Grilled Chicken, Romaine Lettuce, Mandarin Oranges, Almonds, Chow Mein Noodles, Scallions, Oriental Dressing

APPS, SNACKS & DESSERTS

Bruschetta Bread \$7.99

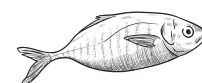
Spinach Dip & Marble Rye Bread Box \$8

Homemade Brownie Crumb Cake \$5

Rice Pudding \$3

Fresh Fruit (16 oz) \$6

Watermelon (16 oz) \$6



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

PANINIS

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

Montecristo Panini \$13

Thinly Sliced Smoked Turkey, Virginia Ham, Melted Swiss & Cheddar Cheeses & Tomato on a Grilled Flatbread



SANDWICHES & WRAPS

Hot Philly Chicken Cheesesteak \$14

Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted Provolone Served on a Hero

The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

Johnny B \$14

Thinly Sliced Turkey with American Cheese, Bacon, Lettuce, Tomato & Mayo Served on a Hero

Turkey & Swiss on Fresh Whole Wheat \$10.50

Turkey, Swiss Cheese, Romaine on Fresh Whole Wheat Bread

Chicken Salad B.L.T. \$11.50

Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Green Monster Wrap \$11.50

Blackened Chicken Breast, Fresh Avocado, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing Rolled in a Spinach Wrap

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party