

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of July 20th

All deliveries are made to order

S A L A D S

Three Salad Platter \$16

Spring Mix, Scoop of Homemade Tuna Salad, Chicken Salad, & Egg Salad with Grape Tomatoes, Cucumbers, Carrots, Red Peppers & Russian Dressing

Greek & Grilled Salad \$16

Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Fantastic Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Fresh Apples, Cucumbers, Cranraisins, Mandarin Oranges, Candied Walnuts, Croutons & Balsamic Dressing

Three Bean Salad .4 lbs \$5

Tuna Pasta Salad .5 lbs \$7.50

S O U P S



Chicken Noodle

B O W L S

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Kelly's Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Cucumber, Roasted Sweet Potato & Lemon Basil Aioli

Emerson P.D. Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

A P P S , S N A C K S & D E S S E R T S

Chicken & Cheese Quesadilla \$7.99

Tomato & Fresh Mozzarella \$6.99

Homemade Cookie Caramel Bar \$3

Homemade Banana Bread Crumb Cake \$5

Fresh Fruit (16 oz) \$6

Watermelon (16 oz) \$6

P A N I N I S

Italiano Panini \$13

Thinly Sliced Grilled Chicken, Pesto Sauce, Roasted Red Peppers & Melted Fresh Mozzarella on Grilled Flatbread

Cowboy Panini \$13

Grilled Chicken, Jalapeno Peppers, Pepper Jack Cheese & BBQ Sauce on Grilled Flatbread

Turkey Brie Panini \$13

Thinly Sliced Smoked Turkey, Brie Cheese, Honey Mustard Dressing on Grilled Flatbread

S A N D W I C H E S & W R A P S



Hot Meatball Parmesan \$14

Homemade Italian Style Meatballs in our Homemade Marinara Sauce, Melted Mozzarella Cheese on a Hero

Hot Philly Cheesesteak \$14

Chopped Grilled Beef with Sauteed Peppers, Onions & Melted American Cheese Served on a Hero

Fresh Turkey & Spinach \$12

Turkey, Spinach & Lemon Basil Aioli on Fresh Sliced Multigrain Bread

Chicken Caesar Hero \$15

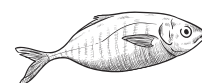
Shortrounds Caesar Salad & Chicken Cutlet on a Hero

Waldorf Chicken Salad \$11.50

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins Served on Fresh Sliced Raisin Nut Bread

Turkey, Apple & Brie Wrap \$11

Turkey, Granny Smith Apple, Cranberry Sauce & Brie Cheese in a Spinach Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party