

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of July 29th

All deliveries are made to order

SALADS

Strawberry & Grilled Chicken Salad \$13

Romaine Lettuce, Grilled Chicken, Feta Cheese, Strawberries, Toasted Almonds & Lite Raspberry Vinaigrette

Asian Grilled Chicken Salad \$13

Romaine Lettuce, Grilled Chicken, Mandarin Oranges, Chow Mein Noodles, Fresh Cut Scallions, Toasted Almonds & Oriental Dressing

Southwestern Chicken Salad \$15

Spring Mix, Grilled Chicken, Avocado, Grape Tomatoes, Cucumbers, Cheddar Cheese, Tortilla Strips & Lime Cilantro Vinaigrette

Crantastic Salad .5 lbs \$7

Tortellini Pasta Salad .5 lbs \$6

SOUPS

Chicken Noodle

Cream of Tomato with Cheddar Cheese

Lentil with Spinach

BOWLS

Low Carb Lunch Bowl \$12

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Mexican Bowl \$15

Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

Kelly's Bowl \$15

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Cucumber, Roasted Sweet Potato & Lemon Basil Aioli

APPS, SNACKS & DESSERTS

Vegetable Crudite Box w/Ranch Dip \$8.99

Shrimp Cocktail \$8.99

Homemade Crumb Cake \$4

Homemade Fudge Brownie \$4

Fresh Watermelon, Fresh Mango, Fresh Fruit Mix (16 oz) \$6

PANINIS

BBQ Chicken Panini \$13

Thinly Sliced Chicken Cutlets, Crisp Bacon, Tomato, BBQ Sauce, Melted Cheddar Cheese on Grilled Flatbread

Pastrami Sloppy Joe \$13

Sliced Pastrami with Homemade Cole Slaw, Russian Dressing, Melted Swiss Cheese on Grilled Flatbread

Californian Panini \$13

Grilled Chicken Breast, Fresh Avocado, Roasted Red Peppers, Balsamic Vinegar & Melted Swiss Cheese on Grilled Flatbread

SANDWICHES

The Cavo 14.50

Fried Chicken Cutlets, Cheddar Cheese, Bacon, Buffalo Sauce, Caesar Dressing on a Hero

Hot Chicken Cheesesteak \$14

Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted American Cheese Served on a Hero

Fresh Turkey & Avocado \$12

Turkey, Avocado, Baby Spinach, Tomato & Lemon Basil Mayo on Multigrain Bread

Classic Ham & Swiss \$10

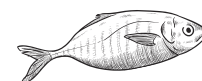
Thinly Sliced Ham, Swiss Cheese, Lettuce, Tomatoes & Mayo on a Kaiser Roll

Vin & Tom Hero \$14.50

Breaded Chicken Cutlet, American Cheese, Crisp Bacon, Lettuce, Tomato & Mayo on a Hero Roll

Balsamic Chicken Wrap \$11

Balsamic Grilled Chicken & Roasted Red Peppers in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party