

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of September 28th

All deliveries are made to order

SALADS



Southwestern Chicken Salad \$15

Spring Mix, Grilled Chicken, Avocado, Grape Tomatoes, Cucumbers, Cheddar Cheese, Tortilla Strips & Lime Cilantro Vinaigrette

Fantastic Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Fresh Apples, Cucumbers, Cranraisins, Mandarin Oranges, Candied Walnuts, Croutons & Balsamic Dressing

Arugula & Grilled Chicken Salad \$15

Arugula, Grilled Chicken, Candied Walnuts, Craisins, Goat Cheese & Balsamic Vinaigrette

SMALL SALADS

Garden Salad \$6.49

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Tricolor Rotini Pasta Salad .5 \$5.50

Crantastic Salad .5 lbs \$7

SOUPS



Chicken Noodle Beef Barley

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Greek Bowl \$14

Homemade Greek Salad Topped with Seasoned Grilled Chicken Breast, Feta Cheese, Grape Leaves, Toasted Pita, Crisp Romaine Lettuce & Oregano Vinaigrette

Kelly's Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Cucumber, Roasted Sweet Potato & Lemon Basil Aioli

APPS, SNACKS & DESSERTS

Cheese & Cracker Box \$10

Tomato Bruschetta & Crostinis \$8.99

Homemade Crumb Cake \$5

Homemade Pumpkin Bread \$3.25

Fresh Fruit (16 oz) \$6

PANINIS

Buffalo Chicken Panini \$13

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

Mediterranean Panini \$13

Thinly Sliced Grilled Chicken, Melted Fresh Mozzarella, Sundried Tomatoes, Baby Spinach, Balsamic Vinegar on Grilled Flatbread

Cowboy Panini \$13

Grilled Chicken, Jalapeno Peppers, Pepper Jack Cheese & BBQ Sauce on Grilled Flatbread

SANDWICHES & WRAPS



Grilled Steak Diablo \$14.50

Thinly Sliced Grilled Steak Sauteed Hot Peppers, Sweet Peppers & Onions, Melted Pepperjack Cheese & Spicy Mayo on a Hero

Hot Philly Chicken Cheesesteak \$14

Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted Provolone Served on a Hero

Fresh Turkey & Spinach \$12

Turkey, Spinach, Avocado & Lemon Basil Aioli on Fresh Sliced Multigrain Bread

Classic Ham & Swiss \$10

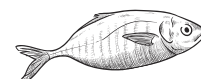
Thinly Sliced Ham, Swiss Cheese, Lettuce, Tomatoes & Mayo on a Kaiser Roll

Vin & Tom Hero \$14.50

Breaded Chicken Cutlet, American Cheese, Crisp Bacon, Lettuce, Tomato & Mayo on a Hero Roll

Blackened Chicken Caesar Wrap \$12

Cast Iron Blackened Chicken, Romaine Lettuce, Shaved Parmesan Cheese & Caesar Dressing Rolled in a Garlic Herb Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Crab Cakes, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party