

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of August 31st

All deliveries are made to order

SALADS



Chicken Bruschetta Salad \$15

Fresh Baby Arugula, Crisp Breaded Chicken Cutlet, Seasoned Tomatoes, Diced Fresh Mozzarella Cheese & Balsamic Vinaigrette

Greek & Grilled Salad \$16

Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Garden Salad With Grilled Chicken \$15

Spring Mix, Grilled Chicken, Grape Tomatoes, Cucumbers, Carrots, Mixed Peppers & Balsamic Vinaigrette

SMALL SALADS

Garden Salad \$6.49

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Spinach Bowtie Pasta Salad .5 lbs \$5.50

Carrot Salad .5 lbs \$5

SOUPS



Chicken Noodle Cream of Mushroom

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Maria's Bowl \$14

Seasoned Quinoa with Grilled Chicken and Avocado Salad, Roasted Sweet Potatoes, Sliced Cucumber & Spicy Aioli

Asian Chicken Quinoa Bowl \$14

Seasoned Quinoa, Grilled Chicken, Romaine Lettuce, Mandarin Oranges, Almonds, Chow Mein Noodles, Scallions, Oriental Dressing

APPS, SNACKS & DESSERTS

Cheese & Cracker Box \$10

Fresh Tomato & Mozzarella \$6.99

Homemade Cinnamon Sugar Cookies \$4.50

Homemade Fudge Brownie \$5

Fresh Fruit (16 oz) \$6

Watermelon (16 oz) \$6

PANINIS

Turkey Brie Panini \$13

Thinly Sliced Smoked Turkey, Brie Cheese, Honey Mustard Dressing on Grilled Flatbread

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread



SANDWICHES & WRAPS

Hot Eggplant Parmesan \$14

Golden Fried Eggplant Cutlets, Homemade Marinara Sauce & Melted Mozzarella Cheese on a Hero

The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

NY Tuna Hero \$13

White Tuna Salad, Lettuce, Tomato, Red Onions & Red Wine Vinaigrette Served on a Hero Roll

Chicken Salad B.L.T. \$11.50

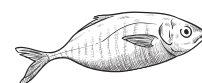
Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Classic Ham & Swiss \$10

Thinly Sliced Ham, Swiss Cheese, Lettuce, Tomatoes & Mayo on a Kaiser Roll

Blackened Chicken Wrap \$11

Cast Iron Blackened Chicken, Fresh Avocado, Pepper Jack Cheese, Lettuce, Tomato & Lemon



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party