

# Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



*Many More Meal Options On Our Full Delivery Menu & Available in The Market!*

**Week of August 24th**

**All deliveries are made to order**

## SALADS



### **Black & Blue Salad \$15**

Spring Mix, Blackened Chicken Breast, Crumpled Blue Cheese, Grape Tomatoes, Cucumbers, Carrots & Balsamic Vinaigrette

### **Chef Salad \$15**

Romaine Lettuce, Sliced Turkey, Ham, Swiss Cheese, Grape Tomatoes, Cucumbers, Hard Boiled Egg, Sliced Peppers, Olives & Russian Dressing

### **Southwestern Chicken Salad \$15**

Spring Mix, Grilled Chicken, Avocado, Grape Tomatoes, Cucumbers, Cheddar Cheese, Tortilla Strips & Lime Cilantro Vinaigrette

## SMALL SALADS

### **Garden Salad \$6.49**

### **Caesar Salad \$6.49**

### **Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25**

### **Add Grilled Chicken \$2**

### **Barley with Mushroom Salad .5 lbs \$5**

### **Orzo Pasta Salad .5 lbs \$5**

## SOUPS



### **Chicken Noodle**

## BOWLS

### **Low Carb Lunch Bowl \$14**

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

### **Quinoa Burrito Bowl \$14**

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

### **Kelly's Bowl \$14**

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Cucumber, Roasted Sweet Potato & Lemon Basil Aioli

## APPS, SNACKS & DESSERTS

### **Shrimp Cocktail \$8.99**

### **Chicken & Cheese Quesadilla \$7.99**

### **Homemade Crumb Cake \$5**

### **Homemade Chocolate Chip Cookies \$4.50**

### **Fresh Fruit (16 oz) \$6**

### **Watermelon (16 oz) \$6**

## PANINIS

### **New York Roast Beef Panini \$13**

Our House Roasted Beef with Roasted Onions, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

### **Buffalo Chicken Panini \$13**

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

### **Turkey Cuban Panini \$13**

Sliced Turkey, Sliced Prosciutto, Sliced Pickles, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread



## SANDWICHES & WRAPS

### **Hot French Dip \$15**

House Roasted Beef & Melted Provolone on a Garlic Hero With a Side of Au Jus

### **Hot Emerson Quad \$14**

Chicken Cutlet, Bacon, Sauteed Onions & BBQ Sauce on a Hero

### **Sloppy Joe \$11**

Our Store Roasted Beef, Sliced Turkey, Homemade Cole Slaw and Russian Dressing Served on Sliced Rye Bread

### **Vin & Tom Hero \$14.50**

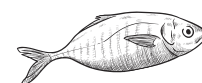
Breaded Chicken Cutlet, American Cheese, Crisp Bacon, Lettuce, Tomato & Mayo on a Hero Roll

### **Fresh Turkey & Avocado \$12**

Turkey, Avocado, Baby Spinach, Tomato & Lemon Basil Mayo on Multigrain Bread

### **Waldorf Chicken Salad Wrap \$11**

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins in a Spinach Wrap



## EVERY FRIDAY IS SEAFOOD FRIDAY!

**Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!**

**Local Delivery: Monday - Friday 10:00am - 3:00pm**

**Orders Taken Online Only: [www.shortroundscatering.com](http://www.shortroundscatering.com) -> Lunch Orders for Delivery**

**Delivered Directly To You By Us, Not A Third Party**