

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of October 19th

All deliveries are made to order

SALADS



Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Blackened Chicken Fandango Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Crumbled Blue Cheese, Mandarin Oranges, Grape Tomatoes, Cucumbers & Balsamic Dressing

Coconut Chicken Salad \$16

Spring Mix, Coconut Crusted Chicken, Pineapple, Grape Tomatoes, Cucumbers, Carrots & Asian Dressing

SMALL SALADS

Garden Salad \$6.49

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

Five Bean Salad .5 lbs \$5

SOUPS



Chicken Noodle Matzah Ball

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Quinoa Burrito Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

Shortrounds Quinoa Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Raspberry Vinaigrette

APPS, SNACKS & DESSERTS

Chicken & Cheese Quesadilla \$7.99

Vegetable Crudite Box w/Ranch Dip \$8.99

Homemade Pumpkin Sugar Cookies \$4.50

Homemade Crumb Cake \$5

Fresh Fruit (16 oz) \$6

PANINIS

Kuiken Brothers Panini \$13

Thinly Sliced Chicken Cutlet, Sauteed Broccoli Rabe, Pepper Jack Cheese, Chipotle Mayo on Grilled Flatbread

New York Roast Beef Panini \$13

Our House Roasted Beef with Roasted Onions, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Italiano Panini \$13

Thinly Sliced Grilled Chicken, Pesto Sauce, Roasted Red Peppers & Melted Fresh Mozzarella on Grilled Flatbread

SANDWICHES & WRAPS



Hot Philly Chicken Cheesesteak \$14

Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted Provolone Served on a Hero

Hot Peter Luger Cheesesteak \$14.50

Grilled Cheese Steak, Sauteed Onions & Mushrooms, Melted Mozzarella Cheese & Peter Luger Steak Sauce on a Hero

Chicken Salad w/Cheddar & Apples \$12

Homemade Chicken Salad, Sliced Apples, Cheddar Cheese on Multigrain Bread

Fresh Italian \$15

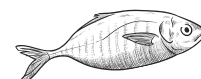
Ham, Salami, Fresh Mozzarella Cheese, Lettuce & Tomato on a Hero

The Roman \$11

Blackened Chicken, Pepper Jack Cheese & Chipotle Mayo Served on a Kaiser Roll

Honey Turkey & Provolone Wrap \$12

Honey Turkey, Provolone, Romaine Lettuce on a Whole Wheat Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Crab Cakes, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party