

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of May 18th

All deliveries are made to order

SALADS

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Tuna Salad Platter \$15

Spring Mix, Homemade Tuna Salad, Grape Tomatoes, Cucumbers, Carrots, Hard Boiled Egg & Balsamic Dressing

Blackened Chicken Garden Salad \$15

Spring Mix, Grape Tomatoes, Cucumbers, Carrots, Mixed Peppers & Balsamic Vinaigrette

Tortellini Pasta Salad .5 lbs \$6

Beet Salad .5 lbs \$4

SOUPS



Chicken Noodle

Beef Barley

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Mexican Bowl \$13

Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

Shortrounds Quinoa Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Raspberry Vinaigrette

APPS, SNACKS & DESSERTS

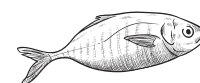
Shrimp Cocktail \$8.99

Chicken Empanadas \$6

Homemade Chocolate Chip Cookies \$4.50

Homemade Pistachio Bread \$4

Fresh Fruit (16 oz) \$6



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party