Weekly Specials

Shortrounds Grab & Go Market Hours Monday - Friday 9am-7pm Saturday 10am-5pm Sunday 9am-3pm 195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of December 4th

SALADS

Blackened Chicken Fandango Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Crumbled Blue Cheese, Mandarin Oranges, Grape Tomatoes, Cucumbers & **Balsamic Dressing**

Santa Fe Chicken Salad \$15

Spring Mix, Diced Grilled Chicken, Sliced Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Cilantro Vinaigrette

Chef Salad \$15

Romaine Lettuce, Sliced Turkey, Ham, Swiss Cheese, Grape Tomatoes, Cucumbers, Hard Boiled Egg, Sliced Peppers, Olives & Russian Dressing

Tuna Pasta Salad .5 lbs \$5 Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

SOUPS

Chicken Noodle 16 oz. \$5.30 **Cream of Mushroom** Lentil W/Fresh Spinach 32 oz. \$10.32 **Chicken Gumbo with** Sausage & Rice

BOWLS

Low Carb Lunch Bowl \$12

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Quinoa Burrito Bowl \$15

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

Shortrounds Quinoa Bowl \$15

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Rasberry Vinaigrette

SNACKS & DESSERT TREATS

Vegetable Crudite w/Ranch Dip \$8.99 **Overnight Oats \$6** Homemade Banana Bread Brownie \$4 Homemade Chocolate Chip Cookies \$3.50 Fresh Fruit (16 oz) \$6

All deliveries are made to order

PANINIS

Buffalo Chicken Panini \$13

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

Napolitano Panini \$13

Sliced Breaded Eggplant, Roasted Red Peppers, Baby Arugula, Homemade Fresh Mozzarella, Balsamic Glaze on Grilled Flatbread

Californian Panini \$13

Grilled Chicken Breast, Fresh Avocado, Roasted Red Peppers, Balsamic Vinegar & Melted Swiss Cheese on Grilled Flatbread

SANDWICHES

The Godfather \$13

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

Hot Drunken Chicken Parm \$14

Crisp Breaded Chicken Cutlets in Vodka Sauce & Melted Mozzarella on a Garlic Toasted Hero

Vin & Tom Hero \$13

Breaded Chicken Cutlet, American Cheese, Crisp Bacon, Lettuce, Tomato & Mayo on a Hero Roll

Waldorf Chicken Salad \$11.50

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden **Raisins Served on Fresh Sliced Raisin Nut Bread**

Classic Ham & Swiss \$10

Thinly Sliced Ham, Swiss Cheese, Lettuce, Tomatoes & Mayo on a Kaiser Roll with a Bag of Chips

The Blues Wrap \$11

Breaded Chicken Cutlet, Bacon, Crumbled Blue Cheese, Lettuce, Tomato & Chipotle Mayo Rolled in a Plain Wrap

EVERY TUESDAY IS TACO TUESDAY!



Taco Meal for Two \$15 Includes Taco Meat. Soft Tortillas. Lettuce. Cheese. Sour Cream, Homemade Pico de Gallo & Guacamole



Shrimp Salad, Low Carb Salmon Bowl, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com->Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party