

# Weekly Specials

Shortrounds Grab & Go Market Hours  
Monday - Friday 9am-7pm  
Saturday 10am-5pm  
Sunday 9am-3pm  
195 Kinderkamack Road, Emerson, NJ



*More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!*

**Week of December 4th**

**All deliveries are made to order**

## SALADS

### **Blackened Chicken Fandango Salad \$15**

Romaine Lettuce, Blackened Chicken Breast, Crumbled Blue Cheese, Mandarin Oranges, Grape Tomatoes, Cucumbers & Balsamic Dressing

### **Santa Fe Chicken Salad \$15**

Spring Mix, Diced Grilled Chicken, Sliced Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Cilantro Vinaigrette

### **Chef Salad \$15**

Romaine Lettuce, Sliced Turkey, Ham, Swiss Cheese, Grape Tomatoes, Cucumbers, Hard Boiled Egg, Sliced Peppers, Olives & Russian Dressing

### **Tuna Pasta Salad .5 lbs \$5**

### **Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5**

## SOUPS

### **Chicken Noodle**

### **Cream of Mushroom 16 oz. \$5.30**

### **Lentil W/Fresh Spinach 32 oz. \$10.32**

### **Chicken Gumbo with Sausage & Rice**

## BOWLS

### **Low Carb Lunch Bowl \$12**

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

### **Quinoa Burrito Bowl \$15**

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

### **Shortrounds Quinoa Bowl \$15**

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Raspberry Vinaigrette

## SNACKS & DESSERT TREATS

### **Vegetable Crudite w/Ranch Dip \$8.99**

### **Overnight Oats \$6**

### **Homemade Banana Bread Brownie \$4**

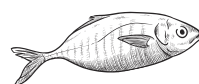
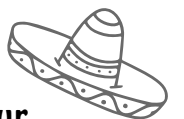
### **Homemade Chocolate Chip Cookies \$3.50**

### **Fresh Fruit (16 oz) \$6**

## **EVERY TUESDAY IS TACO TUESDAY!**

### **Taco Meal for Two \$15**

**Includes Taco Meat, Soft Tortillas, Lettuce, Cheese, Sour Cream, Homemade Pico de Gallo & Guacamole**



## **EVERY FRIDAY IS SEAFOOD FRIDAY!**

**Shrimp Salad, Low Carb Salmon Bowl, Shrimp Po' Boy, Blackened Salmon & More!**

**Local Delivery: Monday - Friday 10:00am - 3:00pm**

**Orders Taken Online Only: [www.shortroundscatering.com](http://www.shortroundscatering.com) -> Lunch Orders for Delivery**

**Delivered Directly To You By Us, Not A Third Party**