

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of July 13th

All deliveries are made to order

SALADS

Chef Salad \$15

Romaine Lettuce, Sliced Turkey, Ham, Swiss Cheese, Grape Tomatoes, Cucumbers, Hard Boiled Egg, Sliced Peppers, Olives & Russian Dressing

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Santa Fe Chicken Salad \$16

Spring Mix, Grilled Chicken, Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Vinaigrette

Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

Bowtie Pasta Salad .5 lbs \$5.50

SOUPS



Chicken Noodle

Cream of Mushroom

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Blackened Chicken Bowl \$14

Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

Maria's Bowl \$14

Seasoned Quinoa with Grilled Chicken and Avocado Salad, Roasted Sweet Potatoes, Sliced Cucumber & Spicy Aioli

APPS, SNACKS & DESSERTS

Tomato Bruschetta & Crostinis \$8.99

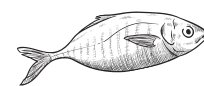
Shrimp Cocktail \$8.99

Bruschetta Bread \$7.99

Homemade Seven Layer Bar \$4

Fresh Fruit (16 oz) \$6

Watermelon (16 oz) \$6



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party