

# Weekly Specials

Shortrounds Grab & Go Market Hours  
Monday - Friday 9am-7pm  
Saturday 9am-5pm  
Sunday 10am-3pm  
195 Kinderkamack Road, Emerson, NJ



*More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!*

**Week of June 10th**

**All deliveries are made to order**

## SALADS

### **Grilled Chicken Cobb Salad \$15**

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

### **Chicken Milanese Salad \$13.50**

Baby Arugula, Crisp Breaded Chicken Cutlet, Grape Tomatoes, Cucumbers, Carrots, Red Onion & Balsamic Dressing

### **Tuna & Avocado Salad \$15**

Baby Arugula, Homemade Tuna Salad, Grape Tomatoes, Cucumbers, Sliced Avocado, Red Onions & Balsamic Vinaigrette

### **Tuna Veggie Salad .5 lbs \$6**

### **Edamame Quinoa Salad .5 lbs \$5.50**

## SOUPS

### **Chicken Noodle**

### **Cream of Broccoli With Cheddar Cheese**

### **Lentil With Spinach**

## BOWLS

### **Low Carb Lunch Bowl \$12**

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

### **Greek Bowl \$15**

Homemade Greek Salad Topped with Seasoned Grilled Chicken Breast, Feta Cheese, Grape Leaves, Toasted Pita, Crisp Romaine Lettuce & Oregano Vinaigrette

### **Blackened Chicken Bowl \$15**

Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

## APPS, SNACKS & DESSERTS

### **Cheese & Cracker Box \$10**

### **Vegetable Crudite & Ranch Dip \$8.99**

### **Fresh Mozzarella & Tomato \$6.99**

### **Homemade Crumb Cake \$4**

### **Fresh Watermelon, Fresh Mango, Fresh Fruit Mix (16 oz) \$6**

## PANINIS

### **Thanksgiving Panini \$13**

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

### **Pastrami Sloppy Joe \$13**

Sliced Pastrami with Homemade Cole Slaw, Russian Dressing, Melted Swiss Cheese on Grilled Flatbread

### **Blackened Chicken Panini \$13**

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

## SANDWICHES

### **Hot Drunken Meatball Parm \$14**

Homemade Italian Style Meatballs in Vodka Sauce & Melted Mozzarella Cheese on a Hero

### **Hot Muenster Special \$14**

Crisp Breaded Chicken Cutlets, Muenster Cheese & Honey Mustard on a Garlic Toasted Hero

### **Fresh Turkey & Avocado \$12**

Turkey, Avocado, Baby Spinach, Tomato & Lemon Basil Mayo on Multigrain Bread

### **Roast Beef Focaccia \$12**

Thinly Sliced House Roasted Beef with Provolone Cheese, Fresh Romaine Lettuce & Horseradish Mayo Served on Focaccia

### **Vin & Tom Hero \$14.50**

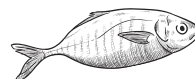
Breaded Chicken Cutlet, American Cheese, Crisp Bacon, Lettuce, Tomato & Mayo on a Hero Roll

### **Greek Chicken Wrap \$11.50**

Grilled Chicken, Spring Mix, Sundried Tomatoes, Olives, Feta Cheese & Oregano Vinaigrette Rolled in a Plain Wrap

## EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!



**Local Delivery: Monday - Friday 10:00am - 3:00pm**

**Orders Taken Online Only: [www.shortroundscatering.com](http://www.shortroundscatering.com) -> Lunch Orders for Delivery**

Delivered Directly To You By Us, Not A Third Party