

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of June 29th



We Will Be Closed July 4th



All deliveries are made to order

SALADS

Chicken Bruschetta Salad \$15

Fresh Baby Arugula, Crisp Breaded Chicken Cutlet, Seasoned Tomatoes, Diced Fresh Mozzarella Cheese & Balsamic Vinaigrette

Greek & Grilled Salad \$16

Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Three Salad Platter \$16

Spring Mix, Scoop of Homemade Tuna Salad, Chicken Salad, & Egg Salad with Grape Tomatoes, Cucumbers, Carrots, Red Peppers & Russian Dressing

Mediterranean Quinoa Salad .5 lbs \$6

Tortellini Pasta Salad .5 lbs \$6

SOUPS



Chicken Noodle

Lentil

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Quinoa Burrito Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

Maria's Bowl \$14

Seasoned Quinoa with Grilled Chicken and Avocado Salad, Roasted Sweet Potatoes, Sliced Cucumber & Spicy Aioli

APPS, SNACKS & DESSERTS

Fresh Tomato & Mozzarella \$6.99

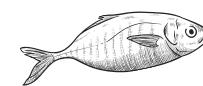
Bruschetta & Crostinis \$8.99

Homemade Banana Crumb Cake \$5

Homemade Fudge Brownie \$4.50

Fresh Fruit (16 oz) \$6

Watermelon (16 oz) \$6



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party