

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of October 5th

All deliveries are made to order

SALADS



Santa Fe Chicken Salad \$16

Spring Mix, Grilled Chicken, Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Vinaigrette

Greek & Grilled Salad \$16

Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Arugula & Chicken Caprese Salad \$15

Baby Arugula, Grilled Chicken, Fresh Mozzarella, Grape Tomatoes, Red Roasted Peppers & Balsamic

SMALL SALADS

Garden Salad \$6.49

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Broccoli Pasta Salad .5 lbs \$5.50

Summer Salad .5 lbs \$5

SOUPS



Chicken Noodle Vegetarian Lentil

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Mexican Bowl \$14

Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

Asian Chicken Quinoa Bowl \$14

Seasoned Quinoa, Grilled Chicken, Romaine Lettuce, Mandarin Oranges, Almonds, Chow Mein Noodles, Scallions, Oriental Dressing

APPS, SNACKS & DESSERTS

Chicken & Cheese Quesadilla \$7.99

Tomato & Fresh Mozzarella \$6.99

Homemade Pumpkin Bread \$3.25

Blueberry Oatmeal Cookies \$4.50

Fresh Fruit (16 oz) \$6

PANINIS

Turkey Cuban Panini \$13

Sliced Turkey, Sliced Prosciutto, Sliced Pickles, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Pastrami Sloppy Joe Panini \$13

Sliced Pastrami with Homemade Cole Slaw, Russian Dressing, Melted Swiss Cheese on Grilled Flatbread

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

SANDWICHES & WRAPS



Hot Drunken Meatball Parm \$14.50

Homemade Italian Style Meatballs in our Homemade Vodka Sauce, Melted Mozzarella Cheese on a Hero

Hot Emerson Quad \$14

Chicken Cutlet, Bacon, Sauteed Onions & BBQ Sauce on a Hero

Sloppy Joe \$11

Our Store Roasted Beef, Sliced Turkey, Homemade Cole Slaw, and Russian Dressing Served on Sliced Rye Bread

The Saudino \$15

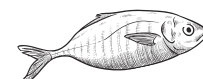
Thinly Sliced Prosciutto, Sweet Soppressata, Roasted Red Peppers, Fresh Mozzarella Cheese & Balsamic Vinegar on a Semolina Hero

Turkey & Swiss on Fresh Whole Wheat \$11

Turkey, Swiss Cheese, Romaine on Fresh Whole Wheat Bread

Balsamic Chicken Wrap \$12

Balsamic Grilled Chicken & Roasted Red Peppers in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Crab Cakes, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party