

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of June 8th

All deliveries are made to order

SALADS

Cajun Shrimp Salad \$16

Romaine Lettuce, Avocado, Cucumber, Tomato, Red Onion, Roasted Corn & Lime Cilantro Dressing

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Santa Fe Chicken Salad \$16

Spring Mix, Grilled Chicken, Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Vinaigrette

Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

Edamame Quinoa Salad .5 lbs \$5.50

SOUPS



Chicken Noodle

Cream of Mushroom

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Shortrounds Quinoa Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Raspberry Vinaigrette

APPS, SNACKS & DESSERTS

Fried Cheese Ravioli \$6.99

Chicken & Cheese Quesadilla \$7.99

Homemade Banana Bread Brownie \$4

Homemade Crumb Cake \$

Fresh Fruit (16 oz) \$6

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

Buffalo Chicken Panini \$13

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

Kuiken Brothers Panini \$13

Thinly Sliced Chicken Cutlet, Sauteed Broccoli Rabe, Pepper Jack Cheese, Chipotle Mayo on Grilled Flatbread

SANDWICHES & WRAPS



The Cavo \$14.50

Fried Chicken Cutlets, Cheddar Cheese, Bacon, Buffalo Sauce, Caesar Dressing on a Hero

Hot Chicken Cheesesteak \$14

Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted American Cheese Served on a

Fresh Turkey & Avocado \$12

Turkey, Avocado, Baby Spinach, Tomato & Lemon Basil Mayo on Multigrain Bread

Johnny B \$14

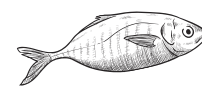
Thinly Sliced Turkey with American Cheese, Bacon, Lettuce, Tomato & Mayo Served on a Hero

Egg Salad on Rye \$11.50

Homemade Egg Salad, Bacon & Lettuce on Fresh Sliced Rye Bread

Balsamic Chicken Wrap \$11

Balsamic Grilled Chicken & Roasted Red Peppers in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party