

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of May 4th

All deliveries are made to order

SALADS

Arugula & Chicken Caprese Salad \$15

Baby Arugula, Grilled Chicken, Fresh Mozzarella, Grape Tomatoes, Red Roasted Peppers & Balsamic Vinaigrette

Blackened Chicken Fandango Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Crumbled Blue Cheese, Mandarin Oranges, Grape Tomatoes, Cucumbers & Balsamic Dressing

Chicken Bruschetta Salad \$15

Fresh Baby Arugula, Crisp Breaded Chicken Cutlet, Seasoned Tomatoes, Diced Fresh Mozzarella Cheese & Balsamic Vinaigrette

Broccoli Pasta Salad .5 lbs \$5.50

Quinoa Artichoke Salad .5 lbs \$5.50

SOUPS



Chicken Noodle

Cream of Mushroom

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Quinoa Burrito Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

Kelly's Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Cucumber, Roasted Sweet Potato & Lemon Basil Aioli

APPS, SNACKS & DESSERTS

Guacamole & Chips \$8

Chicken & Cheese Quesadilla \$7.99

Homemade Tres Leches Cake \$6

Homemade Cranberry Oatmeal Cookies \$4.50

Fresh Fruit (16 oz) \$6

PANINIS

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

Pastrami Sloppy Joe Panini \$13

Sliced Pastrami with Homemade Cole Slaw, Russian Dressing, Melted Swiss Cheese on Grilled Flatbread

Buffalo Chicken Panini \$13

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

SANDWICHES & WRAPS



Grilled Steak Diablo \$14.50

Thinly Sliced Grilled Steak Sauteed Hot Peppers, Sweet Peppers & Onions, Melted Pepperjack Cheese & Spicy Mayo on a Hero

Hot Emerson Quad \$14

Chicken Cutlet, Bacon, Sauteed Onions & BBQ Sauce on a Hero

Triple Decker Turkey Club \$14

Sliced Turkey Breast, Crisp Bacon, Lettuce, Tomato, Mayo, Layered on Toasted White Bread

Waldorf Chicken Salad \$11.50

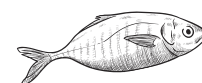
Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins Served on Fresh Sliced Raisin Nut Bread

Chicken Salad w/Cheddar & Apples \$11.50

Homemade Chicken Salad, Sliced Apples, Cheddar Cheese on Multigrain Bread

Mexican Wrap \$11.50

Cast Iron Blackened Chicken, Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo Rolled in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party