

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of October 12th

All deliveries are made to order

SALADS



Chicken Milanese Salad \$14

Baby Arugula, Crisp Breaded Chicken Cutlet, Grape Tomatoes, Cucumbers, Carrots, Red Onion & Balsamic Dressing

Three Salad Platter \$16

Spring Mix, Scoop of Homemade Tuna Salad, Chicken Salad, & Egg Salad with Grape Tomatoes, Cucumbers, Carrots, Red Peppers & Russian Dressing

Cajun Shrimp Salad \$16

Romaine Lettuce, Avocado, Cucumber, Tomato, Red Onion, Roasted Corn & Lime Cilantro Dressing

SMALL SALADS

Garden Salad \$6.49

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Spinach Bowtie Salad .5 lbs \$5.50

Aniston Quinoa Salad .4 lbs \$5

SOUPS



Chicken Noodle Cream of Broccoli

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Baja Bowl \$14

Blackened Chicken Breast, Basmati Rice, Lettuce, Black Beans, Sliced Avocado, Pico De Gallo, Queso Fresco, Crema

APPS, SNACKS & DESSERTS

Bruschetta Bread \$7.99

Shrimp Cocktail \$8.99

Homemade Pumpkin Cake \$4.50

Strawberry Cheesecake Cup \$3.99

Fresh Fruit (16 oz) \$6

PANINIS

BBQ Chicken Panini \$13

Thinly Sliced Chicken Cutlets, Crisp Bacon, BBQ Sauce, Melted Cheddar Cheese on Grilled Flatbread

Californian Panini \$13

Grilled Chicken Breast, Fresh Avocado, Roasted Red Peppers, Balsamic Vinegar & Melted Swiss Cheese on Grilled Flatbread

Turkey Brie Panini \$13

Thinly Sliced Smoked Turkey, Brie Cheese, Honey Mustard Dressing on Grilled Flatbread

SANDWICHES & WRAPS



The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

Hot Chicken Parm Hero \$14.50

Crisp Breaded Chicken Cutlets & Melted Mozzarella Cheese in Our Signature Marinara Sauce Served on a Hero

Chicken Caesar Hero \$15

Shortrounds Caesar Salad & Chicken Cutlet on a Hero

Roast Beef Focaccia \$12

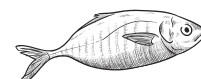
Thinly Sliced House Roasted Beef with Provolone Cheese, Fresh Romaine Lettuce & Horseradish Mayo Served on Everything Focaccia

Chicken Salad B.L.T. \$13

Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Green Monster Wrap \$12

Blackened Chicken Breast, Fresh Avocado, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing Rolled in a Spinach Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Crab Cakes, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party