

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of August 10th

All deliveries are made to order

S A L A D S

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Santa Fe Chicken Salad \$16

Spring Mix, Grilled Chicken, Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Vinaigrette

Chicken Milanese Salad \$14

Baby Arugula, Crisp Breaded Chicken Cutlet, Grape Tomatoes, Cucumbers, Carrots, Red Onion & Balsamic Dressing

SMALL SALADS

Garden Salad \$6.49

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Edamame Quinoa Salad .5 lbs \$5.50

Chicken Salad .5 lbs \$7

S O U P S

Chicken Noodle



B O W L S

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Mexican Bowl \$14

Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

Blackened Chicken Bowl \$14

Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

A P P S , S N A C K S & D E S S E R T S

Shrimp Cocktail \$8.99

Vegetable Crudite Box w/Ranch Dip \$8.99

Homemade Oatmeal Cranberry Cookies \$4

Dubai Chocolate \$5.99

Fresh Fruit (16 oz) \$6

Watermelon (16 oz) \$6

P A N I N I S

Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

Roast Beast Panini \$13

Thinly Sliced Roast Beef, Red Onion, Bacon, Honey Mustard Dressing, Melted Provolone Cheese on Grilled Flatbread

Turkey Brie Panini \$13

Thinly Sliced Smoked Turkey, Brie Cheese, Honey Mustard Dressing on Grilled Flatbread



S A N D W I C H E S & W R A P S

Hot Muenster Special \$14

Crisp Breaded Chicken Cutlets, Muenster Cheese & Honey Mustard on a Garlic Toasted Hero

The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

Waldorf Chicken Salad \$11.50

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins Served on Fresh Sliced Raisin Nut Bread

Fresh Turkey & Avocado \$12

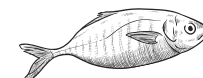
Turkey, Avocado, Baby Spinach, Tomato & Lemon Basil Mayo on Multigrain Bread

The Saudino \$15

Thinly Sliced Prosciutto, Sweet Soppressata, Roasted Red Peppers, Fresh Mozzarella Cheese & Balsamic Vinegar on a Semolina Hero

Blackened Chicken Wrap \$11

Cast Iron Blackened Chicken, Fresh Avocado, Pepper Jack Cheese, Lettuce, Tomato & Lemon Basil



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party