

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of May 11th

All deliveries are made to order

SALADS

Southwestern Chicken Salad \$15

Spring Mix, Grilled Chicken, Avocado, Grape Tomatoes, Cucumbers, Cheddar Cheese, Tortilla Strips & Lime Cilantro Vinaigrette

Greek & Grilled Salad \$16

Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Blackened Chicken & Avocado Caesar Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Avocado, Homemade Croutons, Shaved Parmesan Cheese & Creamy Caesar Dressing

Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

Crantastic Salad .5 lbs \$7

SOUPS



Chicken Noodle

Vegetarian Lentil

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Maria's Bowl \$13

Seasoned Quinoa with Grilled Chicken and Avocado Salad, Roasted Sweet Potatoes, Sliced Cucumber & Spicy Aioli

APPS, SNACKS & DESSERTS

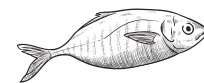
Bruschetta Bread \$7.99

Spinach Dip & Marble Rye Bread Box \$8

Homemade Banana Bread Brownie \$4

Chocolate Pudding \$3

Fresh Fruit (16 oz) \$6



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party