

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of October 27th

All deliveries are made to order

SALADS

Asian Grilled Chicken Salad \$14

Romaine Lettuce, Grilled Chicken, Mandarin Oranges, Chow Mein Noodles, Fresh Cut Scallions, Toasted Almonds & Oriental Dressing

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Tuna Salad Platter \$15

Spring Mix, Homemade Tuna Salad, Grape Tomatoes, Cucumbers, Carrots, Hard Boiled Egg & Balsamic Dressing

Broccoli Pasta Salad .5 lbs \$5.50

Quina Berry Salad .5 lbs \$6

SOUPS

Chicken Noodle

Lentil With Fresh Spinach

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sautéed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Mexican Bowl \$13

Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

Emerson P.D. Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

APPS, SNACKS & DESSERTS

Bruschetta Bread \$7.99

Shrimp Cocktail \$8.99

Vegetable Crudite Box With Ranch Dip \$8.99

Homemade Oatmeal Mixed Berry Cookies \$4.50

Fresh Fruit (16 oz) \$6

Italiano Panini \$13

Thinly Sliced Grilled Chicken, Pesto Sauce, Roasted Red Peppers & Melted Fresh Mozzarella on Grilled Flatbread

Napolitano Panini \$13

Sliced Breaded Eggplant, Roasted Red Peppers, Baby Arugula, Homemade Fresh Mozzarella, Balsamic Glaze on Grilled Flatbread

Smoked Turkey Panini \$13

Thin Sliced Smoked Turkey, Crisp Bacon, Ripe Tomatoes, Honey Mustard Dressing, Melted Provolone Cheese on Grilled Flatbread

SANDWICHES & WRAPS

Grilled Steak Diablo \$14.50

Thinly Sliced Grilled Steak Sauteed Hot Peppers, Sweet Peppers & Onions, Melted Pepperjack Cheese & Spicy Mayo on a Hero

The Cavo \$14.50

Fried Chicken Cutlets, Cheddar Cheese, Bacon, Buffalo Sauce, Caesar Dressing on a Hero

The Roman \$11

Blackened Chicken, Pepper Jack Cheese & Chipotle Mayo Served on a Kaiser Roll

Tuna on Marble Rye \$11

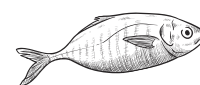
Homemade Tuna Salad, Crisp Romaine Lettuce Served on Freshly Sliced Marbel Rye Bread

The Saudino \$15

Thinly Sliced Prosciutto, Sweet Soppressata, Roasted Red Peppers, Fresh Mozzarella Cheese & Balsamic Vinegar on a Semolina Hero

Buffalo Chicken & Bleu Cheese Wrap \$11

Buffalo Chicken Cutlet, Hot Sauce & Blue Cheese Rolled in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party