

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of January 26th

All deliveries are made to order

SALADS

Chicken Milanese Salad \$14

Baby Arugula, Crisp Breaded Chicken Cutlet, Grape Tomatoes, Cucumbers, Carrots, Red Onion & Balsamic Dressing

Three Salad Platter \$16

Spring Mix, Scoop of Homemade Tuna Salad, Chicken Salad, & Egg Salad with Grape Tomatoes, Cucumbers, Carrots, Red Peppers & Russian Dressing

Grilled Chicken Cobb Salad \$15 Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Bowtie Pasta Salad .5 lbs \$5.50

Mediterranean Quinoa Salad .5 lbs \$6

SOUPS



Chicken Noodle

Vegetarian Lentil

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$13

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Mexican Bowl \$13

Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

APPS, SNACKS & DESSERTS

Chicken & Cheese Quesadilla \$7.99

Vegetable Crudite Box With Ranch Dip \$8.99

Dubai Chocolate Cup \$5.99

Homemade Cinnamon Cake \$4

Fresh Fruit (16 oz) \$6

PANINIS

Turkey Cuban Panini \$13

Sliced Turkey, Sliced Prosciutto, Sliced Pickles, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

Roast Beast Panini \$13

Thinly Sliced Roast Beef, Red Onion, Bacon, Honey Mustard Dressing, Melted Provolone Cheese on Grilled Flatbread

SANDWICHES & WRAPS



Hot Peter Luger Cheesesteak \$14.50

Grilled Cheese Steak, Sauteed Onions & Mushrooms, Melted Mozzarella Cheese & Peter Luger Steak Sauce on a Hero

Hot Chicken Parm Hero \$14.50

Crisp Breaded Chicken Cutlets & Melted Mozzarella Cheese in Our Signature Marinara Sauce Served on a Hero

Fresh Italian \$13.50

Ham, Salami, Fresh Mozzarella Cheese, Lettuce & Tomato on a Hero

Chicken Salad B.L.T. \$11.50

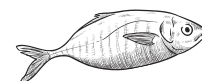
Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Triple Decker Turkey Club \$14

Sliced Turkey Breast, Crisp Bacon, Lettuce, Tomato, Mayo, Layered on Toasted White Bread

Green Monster Wrap \$11.50

Blackened Chicken Breast, Fresh Avocado, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing Rolled in a Spinach Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party