

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of July 6th

All deliveries are made to order

SALADS

Blackened Chicken Fandango Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Crumbled Blue Cheese, Mandarin Oranges, Grape Tomatoes, Cucumbers & Balsamic Dressing

Arugula & Chicken Caprese Salad \$15

Baby Arugula, Grilled Chicken, Fresh Mozzarella, Grape Tomatoes, Red Roasted Peppers & Balsamic Vinaigrette

Surf & Turf Salad \$17

Grilled Flank Steak, Fried Shrimp, Romaine, Avocado, Roasted Corn, Grape Tomatoes, Cucumber Red Onion, & Lime Cilantro Vinaigrette

Broccoli Pasta Salad .5 lbs \$5.50

Chickpea & Scallion Salad .5 lbs \$5.50

SOUPS



Chicken Noodle

Cream of Tomato

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Asian Chicken Quinoa Bowl \$14

Seasoned Quinoa, Grilled Chicken, Romaine Lettuce, Mandarin Oranges, Almonds, Chow Mein Noodles, Scallions, Oriental Dressing

APPS, SNACKS & DESSERTS

Chicken & Cheese Quesadilla \$7.99

Shrimp Cocktail \$8.99

Homemade Pistachio Cake \$4.50

Dubai Style Chocolate Cup \$4.99

Fresh Fruit (16 oz) \$6

Watermelon (16 oz) \$6

Shortrounds Panini \$13

Thinly Sliced Blackened Chicken, Sliced Red Bell Peppers, Red Onions, Chipotle Mayo, Melted Fresh Mozzarella Cheese on Grilled Flatbread

Roast Beast Panini \$13

Thinly Sliced Roast Beef, Red Onion, Bacon, Honey Mustard Dressing, Melted Provolone Cheese on Grilled Flatbread

Californian Panini \$13

Grilled Chicken Breast, Fresh Avocado, Roasted Red Peppers, Balsamic Vinegar & Melted Swiss Cheese on Grilled Flatbread



SANDWICHES & WRAPS

Hot Drunken Chicken Parm \$14

Chicken Cutlets in our Homemade Vodka Sauce With Melted Mozzarella Cheese on a Hero

Hot French Dip \$15

House Roasted Beef & Melted Provolone on a Garlic Hero With a Side of Au Jus

Chicken Salad B.L.T. \$11.50

Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

NY Tuna Hero \$13

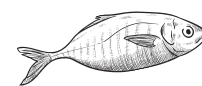
White Tuna Salad, Lettuce, Tomato, Red Onions & Red Wine Vinaigrette Served on a Hero Roll

Classic Ham & Swiss \$10

Thinly Sliced Ham, Swiss Cheese, Lettuce, Tomatoes & Mayo on a Kaiser Roll

Buffalo Chicken & Bleu Cheese Wrap \$11

Buffalo Chicken Cutlet, Hot Sauce & Blue Cheese Rolled in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party