

# Weekly Specials

Shortrounds Grab & Go Market Hours  
Monday - Friday 9am-7pm  
Saturday 9am-5pm  
Sunday 10am-3pm  
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of May 26<sup>th</sup> (closed May 24<sup>th</sup> & 25<sup>th</sup>) 

All deliveries are made to order

## SALADS

### Asian Grilled Chicken Salad \$14

Romaine Lettuce, Grilled Chicken, Mandarin Oranges, Chow Mein Noodles, Fresh Cut Scallions, Toasted Almonds & Oriental Dressing

### Flank Steak Salad \$16

Grilled Flank Steak, Romaine, Avocado, Roasted Corn, Grape Tomatoes, Cucumber Red Onion, & Lime Cilantro Vinaigrette

### Coconut Chicken Salad \$16

Spring Mix, Coconut Crusted Chicken, Pineapple, Grape Tomatoes, Cucumbers, Carrots & Asian Dressing

### Italian Antipasto .6 lbs \$6

### Quinoa Artichoke Salad .5 lbs \$5.50

## SOUPS



### Chicken Noodle

### Cream of Mushroom

## BOWLS

### Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

### Greek Bowl \$13

Homemade Greek Salad Topped with Seasoned Grilled Chicken Breast, Feta Cheese, Grape Leaves, Toasted Pita, Crisp Romaine Lettuce & Oregano Vinaigrette

### Blackened Chicken Bowl \$13

Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

## APPS, SNACKS & DESSERTS

### Vegetable Crudite Box w/Ranch Dip \$8.99

### Tomato & Fresh Mozzarella \$6.99

### Homemade Sugar Cookies \$4.50

### Strawberry Cheesecake Cup \$4

### Fresh Fruit (16 oz) \$6

## PANINIS

### BBQ Chicken Panini \$13

Thinly Sliced Chicken Cutlets, Crisp Bacon, Tomato, BBQ Sauce, Melted Cheddar Cheese on Grilled Flatbread

### Kuiken Brothers Panini \$13

Thinly Sliced Chicken Cutlet, Sauteed Broccoli Rabe, Pepper Jack Cheese, Chipotle Mayo on Grilled Flatbread

### Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

## SANDWICHES & WRAPS



### Hot French Dip \$15

House Roasted Beef & Melted Provolone on a Garlic Hero With a Side of Au Jus

### Hot Emerson Quad \$14

Chicken Cutlet, Bacon, Sauteed Onions & BBQ Sauce on a Hero

### Grilled Chicken Pesto Hero \$14

Seasoned Grilled Chicken, Homemade Pesto & Lettuce on a Hero

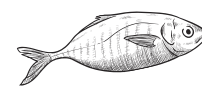
### Tuna On Pumpnickel Sandwich \$11

Homemade Tuna Salad, Romaine on Sliced Pumpnickel Bread

### Waldorf Chicken Salad \$11.50

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins Served on Fresh Sliced Raisin Nut Bread

**Buffalo Chicken Caesar Wrap \$11** Buffalo Chicken Cutlet, Romaine Lettuce, Shaved Parmesan Cheese & Caesar Dressing in a Plain Wrap



## EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: [www.shortroundscatering.com](http://www.shortroundscatering.com) -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party