

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of September 21st

All deliveries are made to order

SALADS



Asian Grilled Chicken Salad \$15

Romaine Lettuce, Grilled Chicken, Mandarin Oranges, Chow Mein Noodles, Fresh Cut Scallions, Toasted Almonds & Oriental Dressing

Tuna Salad Platter \$15

Spring Mix, Homemade Tuna Salad, Grape Tomatoes, Cucumbers, Carrots, Hard Boiled Egg & Balsamic Dressing

Italian Antipasto Salad \$16

Balsamic Dressing Italian Antipasto Salad \$16 Baby Arugula, Ham, Genoa Salami, Homemade Fresh Mozzarella, Roasted Red Peppers, Basil, Grape Tomatoes, Cucumbers, Olives & Balsamic Vinaigrette

SMALL SALADS

Garden Salad \$6.49

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Orzo w/Broccoli Rabe & Sundried Tomatoes .5 lbs \$5

Tuna Pasta Salad .5 lbs \$7.50



SOUPS

Chicken Noodle Cream of Mushroom

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Quinoa Burrito Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

Baja Bowl \$14

Blackened Chicken Breast, Basmati Rice, Lettuce, Black Beans, Sliced Avocado, Pico De Gallo, Queso Fresco, Crema

APPS, SNACKS & DESSERTS

Chicken & Cheese Quesadilla \$7.99

Tomato & Fresh Mozzarella \$6.99

Shrimp Cocktail \$8.99

Homemade Seven Layer Bar \$4

Fresh Fruit (16 oz) \$6

PANINIS

Kuiken Brothers Panini \$13

Thinly Sliced Chicken Cutlet, Sauteed Broccoli Rabe, Pepper Jack Cheese, Chipotle Mayo on Grilled Flatbread

New York Roast Beef Panini \$13

Our House Roasted Beef with Roasted Onions, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

SANDWICHES & WRAPS



Hot Peter Luger Cheesesteak \$14.50

Grilled Cheese Steak, Sauteed Onions & Mushrooms, Melted Mozzarella Cheese & Peter Luger Steak Sauce on a Hero

Hot Chicken Parm Hero \$14.50

Crisp Breaded Chicken Cutlets & Melted Mozzarella Cheese in Our Signature Marinara Sauce Served on a Hero

NY Tuna Hero \$14

White Tuna Salad, Lettuce, Tomato, Red Onions & Red Wine Vinaigrette Served on a Hero Roll

The Roman \$11

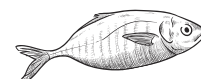
Blackened Chicken, Pepper Jack Cheese & Chipotle Mayo Served on a Kaiser Roll

Waldorf Chicken Salad \$11.50

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins Served on Fresh Sliced Raisin Nut Bread

Buffalo Chicken & Bleu Cheese Wrap \$12

Buffalo Chicken Cutlet, Hot Sauce & Blue Cheese Rolled in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party