

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of November 2nd

All deliveries are made to order

SALADS



Chef Salad \$15

Romaine Lettuce, Sliced Turkey, Ham, Swiss Cheese, Grape Tomatoes, Cucumbers, Hard Boiled Egg, Sliced Peppers, Olives & Russian Dressing

Three Salad Platter \$16

Spring Mix, Scoop of Homemade Tuna Salad, Chicken Salad, & Egg Salad with Grape Tomatoes, Cucumbers, Carrots, Red Peppers & Russian Dressing

Mediterranean Grilled Chicken \$15

Grilled Chicken, Romaine, Feta Cheese, Tomato, Cucumber, Green Peppers, Red Onion, Parsley, Oregano, Celery, Olives & Oregano Vinaigrette

Garden Salad \$6.49

SMALL SALADS

Caesar Salad \$6.49

Arugula Salad With Plain Or Candied Walnuts \$6.99/\$7.25

Add Grilled Chicken \$2

Chicken Pasta Salad .5 lbs \$6

NEW!

Lentil Salad .5 lbs \$4

SOUPS



Chicken Noodle Beef Barley

BOWLS

Low Carb Lunch Bowl \$14

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$14

Seasoned Quinoa, Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Blackened Chicken Bowl \$14

Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

APPS, SNACKS & DESSERTS

Chicken & Cheese Quesadilla \$7.99

Vegetable Crudite With Ranch Dip \$8.99

Homemade Pumpkin Cookies \$4.50

Homemade Banana Crumb Cake \$5

Fresh Fruit (16 oz) \$6

PANINIS

Buffalo Chicken Panini \$13

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

Shortrounds Panini \$13

Thinly Sliced Blackened Chicken, Sliced Red Bell Peppers, Red Onions, Chipotle Mayo, Melted Fresh Mozzarella Cheese on Grilled Flatbread

Cowboy Panini \$13

Grilled Chicken, Jalapeno Peppers, Pepper Jack Cheese & BBQ Sauce on Grilled Flatbread

SANDWICHES & WRAPS



Hot Muenster Special \$14

Crisp Breaded Chicken Cutlets, Muenster Cheese & Honey Mustard on a Garlic Toasted Hero

The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

Fresh Turkey & Spinach \$12

Turkey, Spinach & Lemon Basil Mayo on Fresh Sliced Multigrain Bread

The Roman \$11

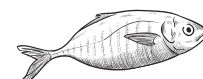
Blackened Chicken, Pepper Jack Cheese & Chipotle Mayo Served on a Kaiser Roll

Fresh Italian \$15

Ham, Salami, Fresh Mozzarella Cheese, Lettuce & Tomato on a Hero

Balsamic Chicken Wrap \$12

Balsamic Grilled Chicken & Roasted Red Peppers in a Plain Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Crab Cakes, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party