

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



Many More Meal Options On Our Full Delivery Menu & Available in The Market!

Week of March 16th

All deliveries are made to order

SALADS

Blackened Chicken Fandango Salad \$15
Romaine Lettuce, Blackened Chicken Breast, Crumbled Blue Cheese, Mandarin Oranges, Grape Tomatoes, Cucumbers & Balsamic Dressing

Santa Fe Chicken Salad \$16
Spring Mix, Grilled Chicken, Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Vinaigrette

Tuna Salad Platter \$15
Spring Mix, Homemade Tuna Salad, Grape Tomatoes, Cucumbers, Carrots, Hard Boiled Egg & Balsamic Dressing

Spinach Bowtie Pasta Salad .5 lbs \$5.50

Five Bean Salad .5 lbs \$5

SOUPS



Chicken Noodle

Cream of Broccoli

Matzah Ball

BOWLS

Low Carb Lunch Bowl \$13
Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Shortrounds Quinoa Bowl \$13
Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Raspberry Vinaigrette

Blackened Chicken Bowl \$13
Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

APPS, SNACKS & DESSERTS

Corned Beef & Cabbage Egg Roll \$7.50

Shrimp Cocktail \$8.99

Chicken & Cheese Quesadilla \$7.99

Homemade Caramel Cookie Bar \$3

Homemade Pistachio Cake \$4

Fresh Fruit (16 oz) \$6

PANINIS

Turkey Cuban Panini \$13
Sliced Turkey, Sliced Prosciutto, Sliced Pickles, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Montecristo Panini \$13
Thinly Sliced Smoked Turkey, Virginia Ham, Melted Swiss & Cheddar Cheeses & Tomato on a Grilled Flatbread

BBQ Chicken Panini \$13
Thinly Sliced Chicken Cutlets, Crisp Bacon, Tomato, BBQ Sauce, Melted Cheddar Cheese on Grilled Flatbread

SANDWICHES & WRAPS



Hot Corned Beed Reuben \$12.50
Thinly Sliced Corned Beef, Sauerkraut, Spicy Brown Mustard & Melted Swiss Cheese on Rye Bread

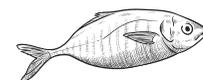
Grilled Steak Diablo \$14.50
Thinly Sliced Grilled Steak Sauteed Hot Peppers, Sweet Peppers & Onions, Melted Pepperjack Cheese & Spicy Mayo on a Hero

The Roman \$11
Blackened Chicken, Pepper Jack Cheese & Chipotle Mayo Served on a Kaiser Roll

Chicken Salad B.L.T. \$11.50
Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

The Saudino \$15
Thinly Sliced Prosciutto, Sweet Soppressata, Roasted Red Peppers, Fresh Mozzarella Cheese & Balsamic Vinegar on a Semolina Hero

Green Monster Wrap \$11.50
Blackened Chicken Breast, Fresh Avocado, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing Rolled in a Spinach Wrap



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!