

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of September 30th

All deliveries are made to order

SALADS

Coconut Chicken Salad \$15

Spring Mix, Coconut Crusted Chicken, Pineapple, Grape Tomatoes, Cucumbers, Carrots & Asian Dressing

Santa Fe Chicken Salad \$15

Spring Mix, Diced Grilled Chicken, Sliced Avocado, Fresh Corn & Black Bean Salsa, Cheddar Cheese, Grape Tomatoes, Cucumbers, Tortilla Strips & Lime Cilantro Vinaigrette

Greek & Grilled Salad \$15

Spring Mix, Grilled Chicken Breast, Grape Leaves, Grape Tomatoes, Cucumber, Red Bell Pepper, Red Onions, Feta Cheese, Olives, Seasoned Toasted Pita & Oregano Vinaigrette

Bowtie Pasta Salad .5 lbs \$5.50

Black Bean & Avocado Salad .5 lbs \$5

SOUPS

Chicken Noodle

Cream of Mushroom

Tuscan White Bean With Rosemary

BOWLS

Low Carb Lunch Bowl \$12

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Mexican Bowl \$15

Blackened Chicken, Cubed Pepper Jack Cheese, Pico de Gallo, Sliced Avocado, Lettuce & Chipotle Mayo

Shortrounds Quinoa Bowl \$15

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Avocado Salad, Roasted Sweet Potatoes, Goat Cheese & Lite Raspberry Vinaigrette

SNACKS & DESSERT TREATS

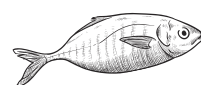
Cheese & Cracker Box \$10

Tomato Bruschetta & Crostinis \$8.99

Homemade Pumpkin Bread \$3.25

Homemade Blueberry Oatmeal Cookies \$4

Fresh Fruit (16 oz) \$6



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Shrimp Po' Boy, Blackened Salmon & More!

PANINIS

Pastrami Sloppy Joe Panini \$13

Sliced Pastrami with Homemade Cole Slaw, Russian Dressing, Melted Swiss Cheese on Grilled Flatbread

Californian Panini \$13

Grilled Chicken Breast, Fresh Avocado, Roasted Red Peppers, Balsamic Vinegar & Melted Swiss Cheese on Grilled Flatbread

Buffalo Chicken Panini \$13

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

SANDWICHES

The French Dip \$15

Sliced House Roast Beef & Melted Provolone Cheese on a Garlic Hero with a Side of Au Jus

Hot Chicken Cheesesteak \$14

Chopped Grilled Chicken, Sauteed Peppers & Onions, Melted American Cheese Served on a Hero

Turkey & Swiss on Fresh Whole Wheat \$10.50

Turkey, Swiss Cheese, Romaine on Fresh Whole Wheat Bread

NY Tuna Hero \$13

White Tuna Salad, Lettuce, Tomato, Red Onions & Red Wine Vinaigrette Served on a Hero Roll

Waldorf Chicken Salad \$11

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins Served on Fresh Sliced Raisin Nut Bread

Green Monster Wrap \$11.50

Blackened Chicken Breast, Fresh Avocado, Cheddar Cheese, Lettuce, Tomato & Ranch Dressing Rolled in a Spinach Wrap

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party