

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of April 15th

All deliveries are made to order

SALADS

Black & Blue Salad \$14

Spring Mix, Blackened Chicken Breast, Crumpled Blue Cheese, Grape Tomatoes, Cucumbers, Carrots & Balsamic Vinaigrette

Fantastic Salad \$15

Romaine Lettuce, Blackened Chicken Breast, Fresh Apples, Cucumbers, Cranraisins, Mandarin Oranges, Candied Walnuts, Croutons & Balsamic Dressing

Eggplant Bruschetta Salad \$13

Baby Arugula, Crisp Breaded Eggplant, Seasoned Tomatoes, Diced Fresh Mozzarella & Balsamic Vinaigrette

Quinoa, Black Bean & Corn Salad.45 lbs \$5

Tuna Pasta Salad .5 lbs \$7

SOUPS

Chicken Noodle

Cream of Mushroom

Vegetable Barley

BOWLS

Low Carb Lunch Bowl \$12

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Emerson P.D. Bowl \$15

Seasoned Quinoa Topped with Grilled Chicken Breast, Roasted Sweet Potatoes, Fresh Chickpea Sheppard Salad, and Sliced Avocado, Lemon Wedge & Olive Oil

Asian Quinoa Bowl \$15

Seasoned Quinoa, Diced Teriyaki Grilled Chicken, Chow Mein Noodles, Mandarin Oranges, Scallion Onions, Romaine Lettuce, Toasted Almonds & Asian Dressing

SNACKS & DESSERT TREATS

Cheese & Cracker Box \$10

Shrimp Cocktail \$8.99

Homemade Rice Pudding \$3

Homemade Banana Bread Crumb Cake \$

Fresh Fruit (16 oz) \$6

PANINIS

Thanksgiving Panini \$13

Thinly Sliced Store Roasted Turkey Breast, Whole Berry Cranberry Sauce, Homemade Stuffing on Grilled Flatbread Served with a Side of Gravy

Buffalo Chicken Panini \$13

Thinly Sliced Buffalo Chicken Cutlets, Crisp Bacon, Melted Cheddar Cheese & Ranch Dressing on Grilled Flatbread

Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

SANDWICHES

The Cavo \$14.50

Fried Chicken Cutlets, Cheddar Cheese, Bacon, Buffalo Sauce, Caesar Dressing on a Hero

Hot Peter Luger Cheesesteak \$14.50

Grilled Cheese Steak, Sauteed Onions & Mushrooms, Melted Mozzarella Cheese & Peter Luger Steak Sauce on a Hero

Waldorf Chicken Salad \$11

Grilled Chicken Breast with Mayo, Celery, Craisins & Golden Raisins Served on Fresh Sliced Raisin Nut Bread

Tuna, Tomato & Cheddar \$11

Homemade Tuna Salad, Sliced Cheddar Cheese & Tomatoes on Fresh Rye Bread

Triple Decker \$14

Sliced Turkey Breast, Crisp Bacon, Lettuce, Tomato, Mayo, Layered on Toasted White Bread

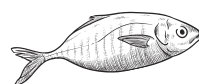
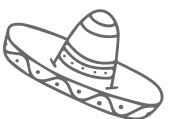
Blackened Chicken Caesar Wrap \$11

Cast Iron Blackened Chicken, Romaine Lettuce, Shaved Parmesan Cheese & Caesar Dressing Rolled in a Garlic Herb Wrap

EVERY TUESDAY IS TACO TUESDAY!

This Week's Special: Shrimp Tacos

Includes Grilled Shrimp, Soft Tortillas, Lettuce, Cheese, Homemade Pico de Gallo & Guacamole



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Shrimp Po' Boy, Blackened Salmon & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party